

MEMBERSHIP · BY APPLICATION

VIP Global *Travel*

Wellness without compromise: a dedicated concierge, an annual luxury retreat, full biofeedback analysis and private equine coherence.

\$10,000 PER YEAR

ABOUT BLUE OASIS LIFE

Blue Oasis Life is a luxury wellness company based in Fujairah, United Arab Emirates. We combine restorative nature, clinical biofeedback and a close-knit community to help people recover from stress, measure their progress and build habits that last long after they leave.

THE MEMBERSHIP

What you *get*

VIP Global Travel is designed for leaders and frequent travellers who want their wellbeing handled with the same care as the rest of their life. One concierge coordinates everything across three sanctuaries, with evidence-based protocols for travel and recovery.

DEDICATED CONCIERGE

One named person for scheduling, travel, recommendations and requests.

ANNUAL LUXURY RETREAT

A multi-day retreat each year at the sanctuary of your choice.

FULL BIOFEEDBACK ANALYSIS

An in-depth baseline with Cesar Rueda and reviews through the year.

PRIVATE EQUINE COHERENCE

One-to-one sessions with the herds in Fujairah or Wyoming.

PRIVATE OCEAN DIVES

One-to-one dives with APEX Divers on the Gulf of Oman, arranged by your concierge.

PRIORITY & SAVINGS

Direct access, no waitlists, and up to 25% off premium experiences.

Who it is for

- Executives, founders and investors
- Frequent long-haul travellers
- Families who want one trusted wellness partner

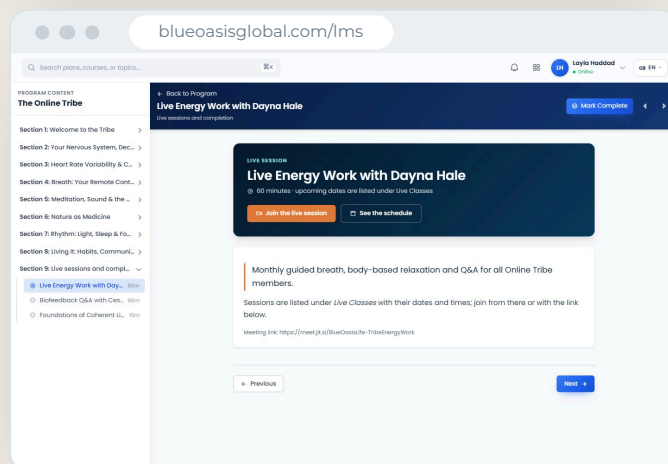
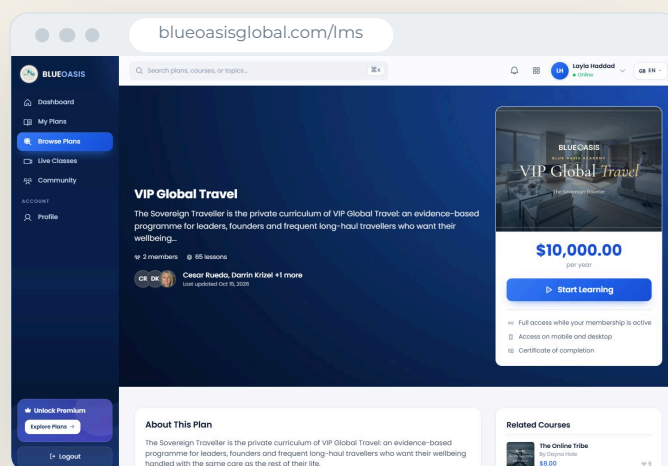
How it works

- 01 Apply.** Applications are reviewed personally within 48 to 72 hours.
- 02 Onboard.** Concierge call, preferences profile and full biofeedback analysis.
- 03 Live it.** Retreat, sessions, travel protocols and an annual review.

The Sovereign Traveller

Your membership includes the **VIP Global Travel** programme in Blue Oasis Academy: 8 modules, 62 lessons, 8 guided videos, 8 workbooks and 2 live sessions, on any device.

- 01 Welcome to VIP Global Travel**
7 lessons
- 02 The Executive Nervous System**
8 lessons
- 03 Travel Without Depletion: The Science of Jet Lag**
8 lessons
- 04 Sleep as Strategy**
8 lessons
- 05 Recovery & Longevity Science**
8 lessons
- 06 The Sanctuaries: Your Annual Retreat**
7 lessons
- 07 Environment Architecture**
8 lessons
- 08 Legacy: Purpose, Stewardship & the Closed Loop**
8 lessons



8

MODULES

62

LESSONS

8

GUIDED VIDEOS

8

WORKBOOKS

Written with the Blue Oasis practitioners and grounded in peer-reviewed research, with sources in every module. Progress syncs across phone and laptop.

Six signature *programmes*

Your concierge arranges any programme privately, at the sanctuary of your choice, with no waitlists and up to 25% off premium experiences.



01

EQUINE MIRRORING & HEART COHERENCE

Horse & Rider

Ground-based sessions with the herd. Calm, coherent breathing and clear intention, mirrored back by a horse in real time. No riding experience needed.



02

EXECUTIVE ALIGNMENT FOR TEAMS

Corporate Wellness

A community-driven stress-reduction programme for teams of 50 to 250: biofeedback, osteopathy and environmental design, measured over 90 days.



03

THE HAJAR MOUNTAIN RESET

Mountain Hiking

Hiking meditation on heritage trails in Fujairah that engages balance, proprioception and breath in ways flat ground never can.



04

GOAT YOGA & FASCIAL DECOMPRESSION

Yoga & ELDOA

Playful goat yoga invites the nervous system out of guard mode; ELDOA postures decompress the spine and fascia.

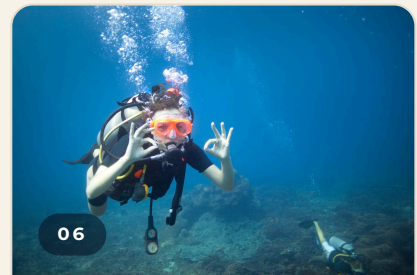


05

CIRCADIAN RECOVERY & SLEEP RESET

Flight Crew

For pilots, cabin crew and frequent flyers: circadian timing, nervous-system regulation and deep-tissue recovery.



06

OCEAN IMMERSION ON THE GULF OF OMAN

APEX Divers

SSI try dives, fun dives and certification with APEX Divers from Fujairah International Marina. The deepest form of breathwork.

Programmes run at the Fujairah sanctuary unless stated. Ocean Diving is delivered with our partner APEX Divers UAE. See the full brochure for each programme in detail.

What members *work towards*

- Travel without depletion: a personal jet lag protocol
- An annual longevity review with measured trends
- A retreat each year in Fujairah, Wyoming or the Rockies
- A membership that funds regenerative agriculture

Compare the memberships

INCLUDED	THE ONLINE TRIBE \$8 / month	THE IMMERSION \$80 / month	VIP GLOBAL TRAVEL \$10,000 / year
On-demand course & video library	✓	✓	✓
Monthly live energy work & Q&A	✓	✓	✓
Private online community	✓	✓	✓
Sanctuary venue access, Fujairah	—	✓	✓
Biofeedback monitoring	—	✓	Full analysis
Private coaching	—	1 / month	Concierge-led
Priority booking & retreat savings	—	15%	Up to 25%
Annual luxury retreat included	—	—	✓
Private equine heart coherence	—	—	✓
Dedicated wellness concierge	—	—	✓



Begin today

Scan to see the full plan and join, or speak with us: +971 55 326 2099 ·
info@blueoasisglobal.com

Instagram @blue.oasis.global · Facebook

Prices in US dollars. Benefits as described on blueoasisglobal.com at the time of printing and may change. Wellness programmes complement, and do not replace, medical care.